

*the*  
**Briar Rose**  
 Co.

## Safety, Storage & Best Practices

Read before your first injection

**PRE-RECONSTITUTED** Your cartridges arrive ready-to-inject. There is no mixing, no BAC water, no powder to handle. Refrigerate the moment they arrive — that's the most important step.

### WHEN YOUR SHIPMENT ARRIVES

- 1 Refrigerate immediately** at 2–8°C. Do not leave at room temperature longer than necessary to unpack. Do not freeze.
- 2 Inspect the cartridge.** Solution should be clear and colorless. If you see particles, cloudiness, or unusual color, do not use — contact Scott.
- 3 Note your start date** when you take your first injection. The cartridge is good for 30 days from that day.
- 4 Snap into your Gansulin pen** per the pen's manual, or draw with a U-50 or U-100 syringe through the rubber stopper. Inject subcutaneously.

### STORAGE RULES

#### ALWAYS

- Refrigerate 2–8°C (36–46°F) — middle shelf, not the door
- Keep in original packaging to protect from light
- Use within **30 days of first injection**
- Mark first-use date on the cartridge

#### NEVER

- Freeze (destroys peptide structure)
- Expose to direct sunlight or heat above 86°F
- Use past 30 days of first injection
- Use if cloudy, discolored, or contains particles

### INJECTION BEST PRACTICES

#### SITE ROTATION

abdomen front of thigh upper outer arm

- Never the same square inch within 2 weeks
- Stay >2 inches from the navel
- Avoid scarred or inflamed tissue

#### TECHNIQUE

- Wash hands and clean injection site with alcohol
- Pinch skin, insert needle at 90° (or 45° if thin)
- Inject slowly, hold for 5 seconds before withdrawing
- Dispose needle in FDA-approved sharps container

### WHEN TO STOP AND CONSULT

#### HOLD DOSE IF

- Persistent nausea / vomiting beyond 1 week
- Severe abdominal pain (radiating to back)
- RUQ pain or fatty-food intolerance
- Weight loss exceeding 2 lb/week

#### SEEK IMMEDIATE CARE FOR

- Severe pancreatitis—suggestive pain
- Allergic reaction (rash, swelling, breathing trouble)
- Vision changes (rare GLP-1 signal)
- Suicidal thoughts (track and report)

**The Briar Rose Co. · Storage:** Refrigerate at 2–8°C immediately upon receipt · Use within 30 days of first injection · Do not freeze

*Disclaimer: For research use only. Not for human consumption. Not evaluated by the FDA. Consult a qualified provider for any health-related decisions.*