

the
Briar Rose
 Co.

KLOW Blend *Titration*

KLOW-80 · 80 mg lyophilized vial · Customer reconstitutes · Daily subcutaneous microdose · 8-week cycle

WHAT IT IS

A four-peptide healing blend in a single lyophilized vial: KPV, GHK-Cu, TB-500, and BPC-157. Designed for daily microdosing to support skin, hair, gut lining, and connective-tissue recovery simultaneously. The community's foundational "everyday repair" stack — one vial covers months of dosing.

- ✓ Skin elasticity, wound healing, hair density
- ✓ Gut lining repair (BPC-157 primary)
- ✓ Tendon, muscle, and connective tissue recovery
- ✓ Anti-inflammatory action (KPV pathway)

WHY A BLEND (VS SINGLE PEPTIDES)

The four components work on **overlapping but distinct healing pathways** — copper-peptide signaling (GHK-Cu), gut/vascular repair (BPC), tissue regeneration (TB-500), and inflammation modulation (KPV). Each does something the others don't. A single daily microdose covers more biological surface area than any one peptide alone, with less of any individual molecule needed.

COMPONENTS PER 80 MG VIAL

GHK-Cu

Copper tripeptide · skin & hair

Stimulates collagen, hair follicle activation, wound remodeling. **50 mg · 62.5%**

BPC-157

Body Protection Compound · gut

Gut lining repair, vascular regeneration, anti-inflammatory. **10 mg · 12.5%**

TB-500

Thymosin Beta-4 fragment · tissue

Tendon, ligament, and muscle recovery; cell migration support. **10 mg · 12.5%**

KPV

α-MSH tripeptide · anti-inflammatory

Targeted anti-inflammatory action, gut inflammation modulation. **10 mg · 12.5%**

VIAL

KLOW-80

80 mg lyophilized vial · 4-peptide blend

Ships dry · Customer reconstitutes with bacteriostatic water

One vial covers **4–6 months** of daily microdosing at the Standard dial (0.5 mg/day). At a higher Recovery dose (1 mg/day), one vial lasts **~80 days**. Most researchers complete a full 8-week cycle and still have most of the vial remaining.

Recommended reconstitution: 8 mL bacteriostatic water → 10 mg/mL. On a U-100 insulin syringe: **1u = 0.1 mg blend** · dial card "mg × 10 = units." Refrigerate after reconstitution (2–8°C); use within 30 days.

RECONSTITUTION

- 1 Wipe the vial septum with an alcohol pad. Let it dry.
- 2 Draw **8 mL of bacteriostatic water** with a fresh syringe (a 10 mL syringe is easiest; if using a 3 mL syringe, repeat three times).
- 3 Insert the needle into the vial septum at an angle. **Slowly inject the BAC water down the side of the glass** — never spray directly onto the peptide powder.
- 4 Once all 8 mL is in, remove the syringe. **Gently swirl the vial in your palm** — do not shake. The powder dissolves within 30–60 seconds.
- 5 Label the vial with the reconstitution date. **Refrigerate immediately (2–8°C)** and use within 30 days.

WHY THESE SPECIFIC AMOUNTS

8 mL → 10 mg/mL gives the cleanest dial math: every 0.1 mg of blend = exactly 1 unit on a U-100 insulin syringe. This puts microdoses on whole-unit clicks (0.3 mg = 3u, 0.5 mg = 5u, 1 mg = 10u) without fractional measurements. Alternative recon volumes (2 mL = 40 mg/mL, 4 mL = 20 mg/mL) work but make microdose-range units awkward to dial.

DOSING

PHASE	CADENCE	DOSE (TOTAL BLEND)	SYRINGE UNITS	VOLUME
1 Acclimation	Daily · Weeks 1–2	0.3 mg/day	3 u	0.03 mL
2 Standard ★	Daily · Weeks 3–8	0.5 mg/day	5 u	0.05 mL
+ Recovery push	Daily (optional)	1.0 mg/day	10 u	0.10 mL
· Rest	Off · 4 weeks	—	—	—

FREE-DOSE FLEXIBILITY

KLOW is a recovery blend, not a titrated GLP-1 — there's no strict ladder. The phases above are a starting framework. Researchers commonly adjust within 3–10 units per day based on the specific recovery need (acute injury → push higher; daily maintenance → 5u plenty). Site rotation matters more than exact dose precision.

CYCLE

8 WEEKS ON

- Weeks 1–2: **3 u/day** acclimation (0.3 mg)
- Weeks 3–8: **5 u/day** standard (0.5 mg)
- Optional bump to **10 u/day** for acute recovery

4 WEEKS OFF

- Full rest from KLOW
- Let receptor signaling reset
- Many researchers cycle continuously: 8 on / 4 off

INJECTION SITE STRATEGY

For **skin / hair targeting**: rotate around scalp margin, jawline, neck. For **gut focus (BPC-157 emphasis)**: rotate abdomen sites. For **tendon / joint recovery**: inject as close to the affected area as comfortable. Rotate the same square inch maximum once per 2 weeks. Use a fresh U-100 insulin syringe (29–31 gauge, 5/16" length) for each shot.

WHAT YOU'LL NEED (NOT INCLUDED)

The 80 mg KLOW vial ships dry. To prepare it for use you'll need: **bacteriostatic water** (~10 mL bottle, ~\$10–15) and **U-100 insulin syringes** (29–31g, box of 100, ~\$15–20). Both are available from any peptide supply vendor.